



**VBCPS
FOOD SERVICES**

Old Donation School Lunch Menu 2019

****Menu is subject to change as we test out new recipes and items****

STUDENT LUNCH PRICES

Full Price \$2.85
Reduced Price \$0.40
Free No Charge



** Menu items are subject to change with-out notice*

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Monday

Choice of One
Buffalo Chicken Mac N Cheese
Yogurt w/ Flatbread
Salad Bar with Flatbread

Choice of Two
Fresh Side Salad
Steamed Broccoli
Steamed Carrots

Choice of One
Fresh Fruit
Pear Cup

Choice of One
Variety Milk

Tuesday

Choice of One
Domino's Pizza
Chef Wrap
Yogurt w/ Flatbread
Salad bar w/ Flatbread

Choice of Two
Fresh Side Salad
Baby Potatoes
Ranch Broccoli

Choice of One
Fresh Fruit
Chilled Pears

Choice of One
Variety Milk

Wednesday

Choice of One
Pork BBQ and Potato Bowl w/Roll
Yogurt w/flatbread
Salad Bar with flatbread

Choice of Two
Fresh Side Salad
Baked Beans
Mixed Veggies

Choice of One
Fresh Fruit
Chilled Peaches

Choice of One
Variety Milk

Thursday

Choice of One
Asian Noodle Bowl with Chicken
Yogurt and Cocoa Cherry Bar
Salad bar and flatbread

Choice of Two
Ginger Garlic Broccoli
Fresh Side Salad
Roasted Squash/Zucchini

Choice of One
Fresh Fruit
Mixed Fruit Cup

Choice of One
Variety Milk

Friday

Choice of One
Pasta with Beef Marinara Sauce
& Breadstick
Fruit and Yogurt Parfait w/ granola
Salad Bar with Breadstick

Choice of Two
Fresh Side
Steamed Mixed Greens
Green Beans

Choice of One
Fresh Fruit
Apple Crisp

Choice of One
Variety Milk

2

Monday

Choice of One
Chicken Tacos with Spanish Rice
Yogurt and Flatbread
Salad Bar w/ Flatbread

Choice of Two
Fresh Side Salad
Cowboy Caviar
Refried Beans

Choice of one
Fresh Fruit
Chilled Pineapple

Choice of One
Variety Milk

Tuesday

Choice of One
Domino's Pizza
Caesar Wrap
Yogurt w/ flatbread
PBJ

Salad Bar with Flatbread

Choice of Two
Fresh Side Salad
Green Peas
Baby Potatoes

Choice of One
Fresh Fruit
Baked Apples

Choice of One
Variety Milk

Wednesday

Choice of One
Grilled Cheese Sandwich
Tuna Salad on Bun
Salad Bar w/ Flatbread
Yogurt w/ flatbread

Choice of Two
Crinkle cut potatoes
Fresh Side Salad
Tomato Soup

Choice of One
Fresh Fruit
Applesauce

Choice of One
Variety Milk

Thursday

Choice of One
Beef Nacho Bowl
Fruit & Yogurt Parfait and
Granola
Salad Bar with Flatbread

Choice of Two
Pineapple Salsa
Mexicali Corn
Fiesta Beans

Choice of one
Fresh Fruit
Fruited Gelatin

Choice of One
Variety Milk

Friday

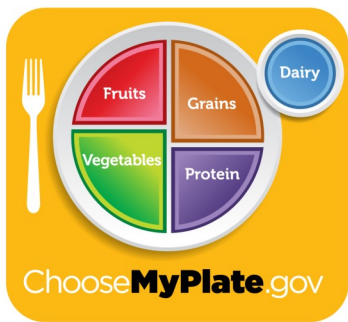
Choice of One
Cheese or Pepperoni Pizza
Yogurt and Cocoa Cherry bar
Salad Bar & Flatbread

Choice of Two
Fresh Side Salad
Steamed Broccoli
Roasted Squash/zucchini

Choice of One
Fresh Fruit
Applesauce

Choice of One
Variety Milk

**Choices subject to availability*



March					
	M	T	W	T	F
Week 1					1
Week 2	4	5	6	7	8
Week 1	11	12	13	14	15
Week 2	18	19	20	21	22
Week 1	25	26	27	28	29

MENU

How to Read This Menu:
We have a 2-week menu cycle for lunch. The calendar days below indicate which week goes with which menu cycle.

1/2 days are always bagged lunches which includes one entrée, (based on availability) Deli sandwich (turkey or ham), PBJ, Salad, Yogurt, and Fresh veggies, Cup fruit or fresh fruit, and milk

Last modified 2/27/19

DON'T GET!

To make a lunch,
choose at least one

Fruit/Juice

OR

Veggie

Grains

Milk

Protein

and 3-5
items
total

Fruit/Juice

Vegetables